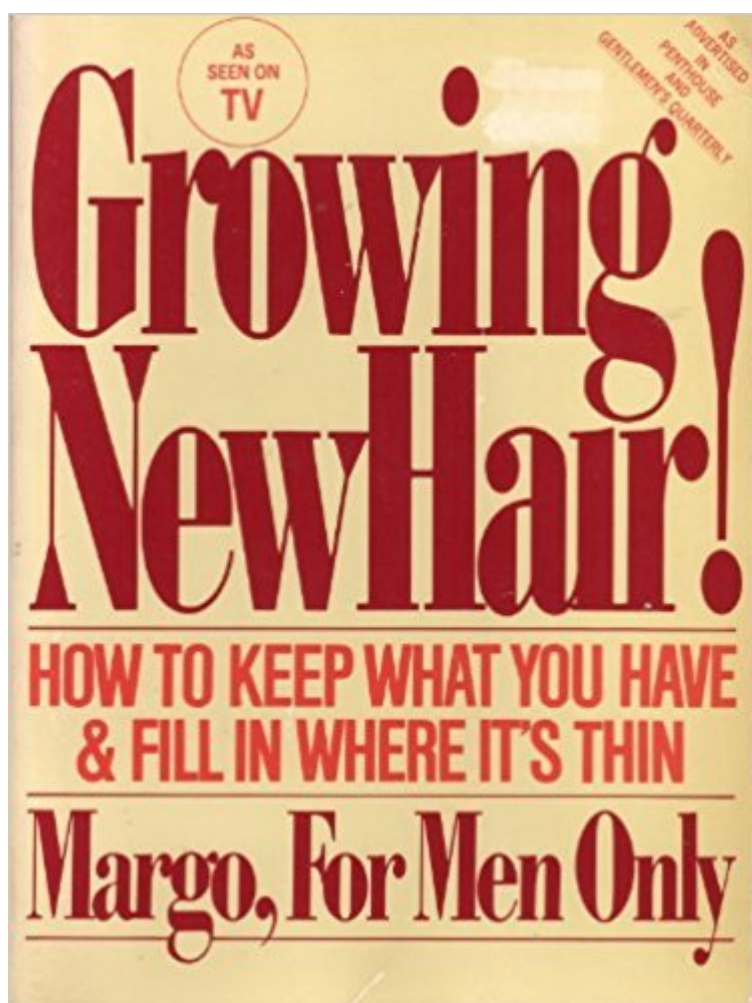


The book was found

# Growing New Hair: How To Keep What You Have And Fill In Where It's Thin



## Synopsis

Drawing on many years of experience as America's leading trichologist, Margo shows you how to save thinning hair and start to replenish what you've lost - at home, by yourself, at no cost - through the use of her simple massage technique and the practice of proper hair and scalp hygiene.

## Book Information

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## Customer Reviews

Drawing on many years of experience as America's leading trichologist, Margo shows you how to save thinning hair and start to replenish what you've lost - at home, by yourself, at no cost - through the use of her simple massage technique and the practice of proper hair and scalp hygiene.

This amazing little book, written with the knowledge and insight of direct observation, presents the reader with a simple but effective method to resolve hair loss in both women and men. The details depict a method that is physiologically sound, dispelling centuries of presumptive misinformation on hair and scalp care. The timeline cited here for results may not be accurate for each individual and may differ for each gender. For anyone with hair loss, the positive energy dispensed in this small volume is a gift, the cosmetic equivalent of winning the lottery.

I found this book online about tens yrs ago and followed the suggestions religiously for about 5 yrs. What you'll notice is you'll shed the non growing hairs with the towel rubbing regimen but you'll keep more of your hair in the anagen or growth phase. My hair loss ceased and actually grew back a little. I stopped the regimen 5 yrs ago and my hair loss returned. I started the regimen several months ago to prove to my 20 yr old son who is experiencing hair loss worse than I did at that age. I

am convinced that hair loss is caused by poor blood supply to hair in balding areas. My scalp has always been very tight. The hair that I do have is thicker and have signs of new growth. In addition to the towel rubs and hair brushing, I also use minoxidil, a good hair vitamin, and laser light therapy. At 60, I have more hair than my 54 yr old brother who is also losing his hair. I believe that parents should teach their sons to use this regimen if hair loss runs in the family. The key is using a towel to stretch the scalp, brushing with a good boar bristle brush to promote circulation and a healthy scalp by removing excess sebum and dandruff.

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I have used the techniques described in this book for well over 20 years. I have seldom missed one day of an invigorating towel massage and aggressive hair brushing. It's as customary now as washing my hands. I have thick, wavy hair at the age of 51 and often receive compliments. On the other hand, my brother, who is one year older, has lost a good deal of his hair, and now has very thin hair with a clearly receding hairline.

All I can tell you is this: I was 28, thinning, and going bald fast. I was considering a hair transplant, but considered that technique in its early stages. (This was over 2 decades ago.) Then I found Margo's book. Have the techniques worked for me? Well, I have far more hair now than I did then. (And I have not always religious about the every day aspect of doing what I'm supposed to.) This book can change your life. And your hairline. Sometimes the simplest truths are the most profound. Margo, I thank you.

Total ignorance.

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Techniques, Methods, Treatments And Remedies (Hair Loss, Hair Loss Cure, Hair Loss In Women, ... Protocol, Hair Loss Black book, Baldness) 100 Tips For Hair Loss: How to Deal With Hair Loss and Assist Your Hair Growth (hair loss, hair growth, alopecia, grow hair, baldness, balding) Hair Loss Cure & Treatment: Prevention & Effective Natural Regrowth Methods (Hair Loss Prevention, Hair Loss Treatment, Hair Loss Cure, Hair Loss For Men, Hair Regrowth, Self Help) Hair Loss Cure: Everything You Need to Know About Hair Loss, Hair Loss Prevention, Hair Re-growth and Hair Loss Treatments (Hairloss treatment) Hair Loss: How it Happens and How to Fix It (Hair Loss, beauty and fashion, hair, loss, aging parents, hair growth, healthy hair) The Men's Hair Book: A Male's Guide To Hair Care, Hair Styles, Hair Grooming, Hair Products and Rocking It All Without The Baloney Growing Marijuana: Box Set - Growing Marijuana For Beginners & Advanced Marijuana Growing Techniques (Growing Marijuana, Marijuana Growing, Growing Marijuana Indoors) Hair Loss Explained - Natural Solutions for Hair Loss and Premature Balding: (Natural Hair Care, Hair Loss, Scalp Treatments, Balding, Cure, Going Bald, Remedies) Hair Loss: 5 Easy Steps To Stop and Prevent Hair Loss (hair loss, hair care, bald, beauty care, personal hygiene, natural health remedies, personal health care) Hair Loss Solutions for Men: How to Cheat Hair Loss for Life (Hair Loss Solutions: How to Cheat Hair Loss for Life Book 1) The HairCell Program - Unique No-cost Hair Loss Treatment: How to Keep Your Hair Healthy and Naturally Manage Hair loss Grow African American Hair Long - 7 Days To Faster Growing Hair: Grow Hair Fast Methods and Natural Treatments for Balding Growing Marijuana: Marijuana Growing Tips and Tricks to Get Big Yields For Beginners! (Growing Marijuana For Beginners, Growing Marijuana Indoors & Outdoors, Growing Marijuana Tips and Tricks) Growing Mushrooms for Profit: The Definitive Step-By-Step Guide to Growing Mushrooms at Home for Profit (Growing Mushrooms for Profit, Growing Mushrooms ... Mushrooms, Growing Oyster Mushrooms) Knock Knock Why You Make Me Smile Fill in the Love Journal (You Fill in the Love) Hair Loss Cure: A Revolutionary Hair Loss Treatment You Can Use At Home To Grow Your Hair Back Hair Loss Cure: How to Prevent Hair Loss. Discover the Top Hair Loss Treatment that Will Save You from Eternal Baldness! Knock Knock What I Love About Being Your Mom Fill in the Love Journal (You Fill in the Love)

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